YSHIELD® EU3 | Earthing | Seat cushion

Seat cushion (upholstered) from Silver-Grid for "earthing".







YSHIELD GmbH & Co. KG Rotthofer Straße 1 94099 Ruhstorf, Germany Further information: www.yshield.com, info@yshield.com Seat cushion for chairs or couches. Filled with a 3 cm thick foam material.

- **Technical data**
- Size: 45 x 45 cm (17.7 x 17.7 inches)
- Delivery contents: Seat cushion with 2 ground connection points, including a filler of foam
- Color: White with a silvery checked pattern
- Raw materials: 95 % cotton, 4 % polyester, 1 % silver
- Weight: 130 g/m²
- Conductivity: 15 Ohm / 100 cm

Earthing - Background

The latest US trend is the **conjunction of the body with the earth**, so called Earthing. We are a technical company and do not comment on health aspects, we suggest specialist literature by Clinton Ober, Stephen Sinatra or Martin Zucker, for information.

Earthing - Fabric Silver-Grid

We use our fabric Silver-Grid. In comparison to competitive products this fabric provides a tighter silvernet with a lower resistance, which leads to a better earthing. Silver-Grid consists of **95 %** unbleached cotton and **5 % silver-threat**.

Earthing - Correct grounding

- 1. You will achieve the best and "most natural contact to earth" by inserting the grounding rod GCR into the ground, in front of your house. Alternatively use a grounding plug GPx for socket outlets.
- 2. Rod or plug are connected with grounding cables GL. Most suitable for grounding plug GPx are short cables e.g. **GL100, GL200 or GL500**. For exterior use with grounding rod GCR you will have to use 1–2 longer cables **GL1000** plus cable distributor **GD5**.
- 3. Silvered hoop and loop fasteners are sewed onto all Earthing products. For connecting cables GL with the hook and loop fastener, you will need the **Velcro plate GCV**.
- Important: Under bad conditions electrical fields (bedside lamp, clock radio, etc.) will couple on and will worse the situation. We recommend a measurement analysis with a LFmeter (e.g. ME3030B).
- 5. You will find all suitable components below at our product recommendations "Grounding:".