Pillow cover normal from Silver-Grid for "earthing".


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Pillow cover for normal size pillows. A zip fastener is sewed in at the bottom
Technical data

- Size: $80 \times 80 \mathrm{~cm}$ ( $31.5 \times 31.5$ inches)
- Delivery contents: Pillow cover with $\mathbf{2}$ ground connection points
- Color: White with a silvery checked pattern
- Raw materials: 95 \% cotton, 4 \% polyester, 1 \% silver
- Weight: $130 \mathrm{~g} / \mathrm{m}^{2}$
- Conductivity: $150 \mathrm{hm} / 100 \mathrm{~cm}$


## Earthing - Background

The latest US trend is the conjunction of the body with the earth, so called Earthing. We are a technical company and do not comment on health aspects, we suggest specialist literature by Clinton Ober, Stephen Sinatra or Martin Zucker, for information.

## Earthing - Fabric Silver-Grid

We use our fabric Silver-Grid. In comparison to competitive products this fabric provides a tighter silvernet with a lower resistance, which leads to a better earthing. Silver-Grid consists of $95 \%$ unbleached cotton and $5 \%$ silver-threat.

## Earthing - Correct grounding

1. You will achieve the best and "most natural contact to earth" by inserting the grounding rod GCR into the ground, in front of your house. Alternatively use a grounding plug GPx for socket outlets.
2. Rod or plug are connected with grounding cables GL. Most suitable for grounding plug GPx are short cables e.g. GL100, GL200 or GL500. For exterior use with grounding rod GCR you will have to use 1-2 longer cables GL1000 plus cable distributor GD5.
3. Silvered hoop and loop fasteners are sewed onto all Earthing products. For connecting cables GL with the hook and loop fastener, you will need the Velcro plate GCV.
4. Important: Under bad conditions electrical fields (bedside lamp, clock radio, etc.) will couple on and will worse the situation. We recommend a measurement analysis with a LFmeter (e.g. ME3030B).
5. You will find all suitable components below at our product recommendations "Grounding:".
